

16th Annual University Hospitals' Parkinson's Boot Camp™



Saturday, November 1, 2025
8:30 a.m. – 3 p.m.

Event Agenda

8:30 – 9:30 a.m.	Registration, Breakfast, Vendors
9:30 – 9:45 a.m.	Welcome Remarks Camilla Kilbane, MD <i>Director, Parkinson's & Movement Disorders Center</i> <i>University Hospitals Neurological Institute</i>
9:50 – 10:30 a.m.	Keynote Speaker: Wellness and Parkinson's Disease Indu Subramanian, MD <i>Professor of Neurology at UCLA</i> <i>Editor, Parkinson's Secret Blog</i> <i>Director, South West VA Parkinson Disease Research, Education and Clinical Care Center of Excellence</i>
10:30 – 10:45 a.m.	Group Activity / Dance with Parkinson's Joan Meggitt, <i>Playhouse Square</i>
10:45 – 11:10 a.m.	Presentation: Deep Brain Stimulation Jennifer Sweet, MD <i>Director of Movement Disorder Surgery and Psychiatric Surgery</i> <i>Co-Director of Pain Surgery and Neuromodulation</i> <i>University Hospitals Neurological Institute</i>
11:10 – 11:25 a.m.	Break
11:25 – 11:55 a.m.	Break Out Session #1
12:10 – 12:50 p.m.	Lunch
12:50 – 1:40 p.m.	Keynote Speaker Tim Hague, <i>Winner of The Amazing Race Canada,</i> <i>Living with Parkinson's Disease</i>
1:50 – 2:20 p.m.	Break Out Session #2
2:30 – 3 p.m.	"Ask the Doc" Question & Answer Session with Physicians
3 p.m.	Adjourn

IN PARTNERSHIP WITH



Breakout Sessions

- **Nutrition and Parkinson's Disease**
Susan Whelan
Registered Dietician
- **Exercise and Parkinson's Disease**
Amy Mikulec PT, DPT and
Dajana Tomicic, PT, DPT,
UH Rehabilitation Services
- **SOUND Bath**
Meghan Cliffler Weaver
Meghan is an accomplished writer, mindfulness teacher, and postpartum psychosis survivor and will demonstrate how sound can liberate the mind.
- **Art Therapy**
- **UH Avon Boot Camp Program**
- **Dance for Parkinson's**
Joan Meggitt
Playhouse Square