



Understanding your health just got easier – Childbirth Education

UH MacDonald Women's Hospital

What is Emmi?

Emmi® programs are free online tools that take complex medical information and make it simple and easy-to-understand. Emmi programs can help you understand your procedure, what to expect, the risks, benefits as well as how to take care of yourself after you are home. You can view these programs on any device with internet capabilities such as a laptop, smartphone or tablet.

Doctor Prescribed Education

We consider you the most important member of your health care team and we want you to have the best and safest experience possible. To help you learn more about your childbirth, your doctor strongly suggests that you view your Emmi programs.

What to Expect

Emmi programs are easy to use. Your healthcare provider has prescribed you programs to help you better understand your upcoming procedure/appointment. You can view Emmi programs on any device with internet access, watch it as many times as you like and share it with your family and friends.





Ready to get started?

Check your e-mail for an 11 digit access code to watch your Emmi program. Contact Emmi at support@my-emmi.com or 866.294.3664 if you have any questions.